

| FAVOURITES |

Avocado on sourdough
w/ persian feta, salsa verde, activated seeds and lemon
\$13.90
Add roasted romas \$2.50

Eggs on toasted sourdough
w/ your choice of relish, salsa verde or hollandaise \$10.95

Breakfast Bowl (GF)
spinach, poached eggs, mushrooms, halloumi, roasted
romas, avocado, activated seeds & aioli \$14.95

Emma's Sanga
bacon, rocket, avocado, tomato and egg on toasted
turkish \$12.95

Loaded breakfast wrap
bacon, egg, relish, cheddar, spinach, caramelised onion &
roasted tomatoes \$11.95

| BIGGER |

Savoury Mince
on toasted sourdough w/ fried eggs \$15.95

Omelette of the day \$14.95
Add toasted sourdough \$2.50

Sweet Potato Hash (VEGAN)
spinach, kale, avocado, harissa & toasted almonds \$14.95

The Man's Scrub
bacon, eggs, halloumi, spinach, mushrooms, roast romas,
avocado & toast \$21.90

| EXTRAS |

mushrooms | roasted romas | spinach |
egg (1) sourdough (1) \$2.50
halloumi | avocado \$3.00
eggs (2) \$5.00
bacon (2) \$6.00

PLEASE NOTE:

We make everything in store.

***We use Murray River salt and
Australian pepper.***

***Dietary needs can be met if we are
made aware.***

Please let us know if you are celiac.

| BURGERS |

The Gobbler
grass fed beef pattie, cheddar, bacon, mustard, pickles,
beetroot relish, tomato & spinach on a brioche bun
\$15.00

The Sunshine
grass fed beef pattie, cheddar, grilled onions, pineapple,
beetroot, bitton sauce, tomato & rocket on a brioche bun
\$15.00

Sesame Chicken
free range tenderloins, red cabbage slaw, crunchy
noodles & coconut chilli mayo on a brioche bun \$15.00

ADD ANY BEER TO A BURGER FOR \$5

| SANGAS & STUFF |

Pulled pork baguette
w/ house made slaw, american jack cheese & bbq sauce
\$14.95

Roasted Vegetable wrap
w/ persian feta, salsa verde, caramelised onions and spinach
\$11.95

Protein Bowl (GF, DF)
salad of the day, egg & avocado
Add... chicken | beef | pork \$16.95

Chicken & Bacon club
avocado, rocket, tomato, cheddar & aioli on toasted ciabatta
\$14.95

Brisket Sanga
slow cooked smoky brisket, lettuce, tomato, cheese and
grilled onions \$13.95

Jordans Belly Bowl
slab of pork belly, poached eggs, spinach, avocado,
activated seeds and sauerkraut \$14.95

| SMOOTHIES & SHAKES |

Banana Classic \$7.95
banana, ice cream, honey & cinnamon

Mad Mango \$7.95
double mango & ice cream

Summertime \$7.95
mixed berries & ice cream

Green Queen \$8.95
banana, mango, spinach, mint & greens powder